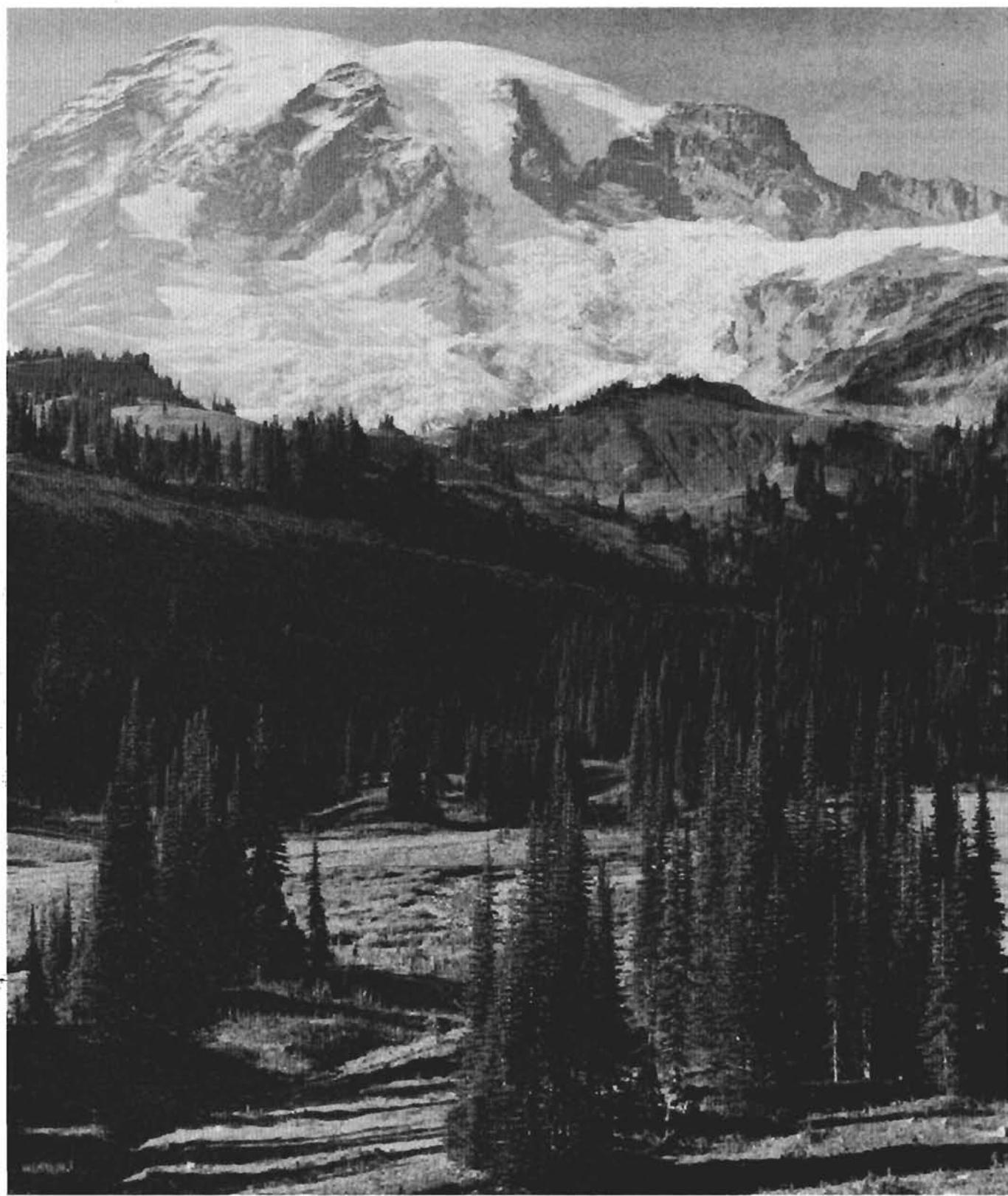




The National Rural Letter Carrier

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WELCOME TO SPOKANE



The National Rural Letter Carrier

OFFICIAL WEEKLY PUBLICATION

of the

NATIONAL RURAL LETTER CARRIERS ASSOCIATION

Established in 1903

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Consumer Price Index Rises 0.7%

The Department of Labor, Bureau of Labor Statistics, has reported that the Consumer Price Index has risen another 0.7% in June, 1977. The CPI now stands at 181.8, which is an increase of 1.2 points over the previous month.

Annuity Increase 4.3%

The Consumer Price Index of December, 1976 established a new base of 174.3 for any new cost-of-living increase for annuitants. Effective with the June CPI of 181.8 a point increase of 3.6 points was earned toward the next increase. When 3.6 CPI points are converted to percentages it will provide a 4.3% increase for annuitants. This 4.3 % increase will be reflected in the annuity check of September, which is received in October, 1977.

COLA Increase

The Consumer Price Index of March, 1977 established a new base of 178.2 for the next cost-of-living increase for employees. With the June CPI of 181.8 there is already \$187.20 earned towards the next cost-of-living increase to be paid in November, 1977.

Gasoline Price

The March base for regular leaded gasoline of 61.2 cents per gallon set a new base for any new change in EMA due to changes in gasoline prices. With the June average CPI of 63 cents per gallon this reflects a change of 1.8 cents toward the next 4.5 cents change required for any EMA increase.

Notice to Employees of Alimony and Child-Support Garnishment Process

This sets forth procedures required to comply with the provisions of Public Law 95-30, effective June 1, 1977. The new statute provides that the Postal Service must notify an employee within 15 days of effective service that it has received garnishment process against the employee's wages. The new statute also provides that the Postal Service is to have a minimum of 30 days after effective service to respond to the process. In order to comply with these legal requirements, installation heads should immediately notify an employee for whom a garnishment order for alimony and/or child support is received, in writing, attaching a copy of the process.

The following format for notification is suggested:

To: (*Employee*)
(*Duty Station or last known home address*)

On (*date*), the attached order for the garnishment of your wages for alimony or child-support was received. The Postal Service is legally bound to honor a garnishment order for this purpose if it is legally valid. We are obligated to respond within 30 days; you will be advised further when the Postal Service complies with the order. If you wish further information, please contact (*Personnel Office, Installation Head, etc.*).

Signed: (*Installation Head*)
Employee Relations Dept., 6-30-77.

Directions from . . . God's Guidebook—Weekly Bible Quotation

BY FAITH

The writer of Hebrews makes it clear that without faith it is impossible to please God (chapter 11:6). "And without faith it is impossible to please Him, for he who comes to God must believe that He is, and that He is a rewarder of those who seek Him." The writer continues with a listing of examples of those who lived by Faith.

Cover photo: Mt. Rainier, which rises to 14,410 feet above sea level.

NRLCA Officers Meet with U.S. Postal Service Officials

On Five-Day Delivery

As reported earlier, Postal Union Presidents were invited to meet with Assistant Postmaster General James Gildea and other Postal Officials on July 19, 1977 to give them an opportunity to "present and discuss a tentative program that contemplates a change to five-day delivery in due course". President Lester F. Miller and Vice President Clifford E. Edwards represented the National Rural Letter Carriers' Association at this meeting. Other Postal Unions chose to decline the invitation to attend.

Your National Officers attended the meeting, because we believe we have an obligation, as representatives of a substantial segment of the Postal employee work force, to respond to a request of Postal Management to discuss an issue of such vital importance to our members. We did not consider our attendance at the meeting as any acceptance of the five-day delivery proposal nor did we consider our attendance at this meeting as any weakening of our position; in fact, it likely strengthened our resolve to oppose five-day delivery even more vigorously, if that is possible.

We used the opportunity to voice our strong opposition to the proposal and to highlight some of the problems it will create, especially for the Rural Delivery Service. We left no doubt that we remained unalterably opposed to five-day delivery and shall continue to oppose it with all the means at our command.

Postal Officials in attendance at this meeting included E. V. Dorsey, Senior Assistant Postmaster General, Operations Group; James C. Gildea, Assistant Postmaster General, Labor Relations Department; Harvey Letter, Associate General Counsel—Office of Labor Law; C. T. Duttweiler, Acting Assistant Postmaster General, Delivery Services Department; William Henry, Labor Relations Department; William Roberts, Kansas City Postmaster; and Pat Warner, Pueblo, Colorado Postmaster.

The primary purpose of the meeting was to give us an update of the current status of the five-day delivery

issue. They reiterated much of the information given to the Board of Governors by the Postmaster General as published in the July 16, 1977 issue of *The National Rural Letter Carrier* (pages 420 and 421). They stated that it was the intention of Postal Management to recommend to the Board of Governors, at the appropriate time, a conversion to five-day delivery for their consideration. If approved by the Board of Governors, it would then be submitted to the Postal Rate Commission for an Advisory opinion. The Postal Rate Commission would then hold open hearings on the subject. Within 90 days, they would issue an Advisory for the guidance of the Board of Governors. The Board of Governors would then make its final decision on the implementation of five-day delivery.

During the meeting, we were given the opportunity to ask questions. We asked numerous questions for further enlightenment on the subject. We concluded the meeting by issuing a strong statement that we felt Postal Management was making a serious mistake in recommending five-day delivery. We registered our strong concern about a

further reduction in service. We predicted that five-day delivery would cause a further decline in mail volume, as mailers searched for new methods of delivery of the mail. We further predicted that five-day delivery would be the beginning of a downward spiral of the Postal Service, because all mail would suffer from further curtailment.

The Postal Officials assured us that further meetings would be held to report any future developments on five-day delivery.

Darwin Erickson Retires

On October 30, 1976, Mr. Darwin Erickson made his last run on Route #2 of Nevis, Minnesota. He has served the Postal Service for 39 years, with the last 23 years as a rural carrier. He has seen many changes. The route has grown from 58 miles to the present 90 miles. He has received 23 Safe Driving Awards, and has logged 600,000 miles on the route.

According to Postmaster Don Oligney, the Postal Service will miss his good service since he has done a great job. But Mr. Erickson will be busy pursuing his many hobbies and travelling about the country.

Postal Union Presidents Meet With White House Staff

The four exclusive Postal Unions met recently with representatives of the White House staff from the Domestic Council, Office of Management and Budget and others to discuss U.S. Postal Service reorganization legislation. Other subjects discussed were quality and levels of postal service, including the unions' position to maintain six-day delivery, postal subsidies and postal organization structure.

The unions requested and received assurances that more meetings about these important matters would be held with White House personnel. A request was also made to meet with the President. The unions put forward their opposition to any proposal from the present postal administration designed to eliminate traditional postal services.

Other important matters were also discussed. They were the Private Express Statutes dealing with the postal monopoly of first-class letters, and the U.S. Postal Service's role in the future telecommunications market. All unions maintained that the Private Express Statutes should be amended to define U.S. Postal Service jurisdiction in the telecommunications and that a study be made to establish how postal personnel and the postal establishment, including plant and equipment, could be adapted to serve in the telecommunication industry.

The unions were represented by Lester F. Miller, President of the NRLCA; J. Joseph Vacca, President of the NALC; Emmet Andrews, President of the APWU; and James J. LaPenta, representing the Laborers' International Union of North America.



LESTER F.
MILLER

Mr. Chairman:

I am Lester F. Miller, President of the National Rural Letter Carriers' Association, an organization representing nearly 70,000 regular, substitute, auxiliary and retired rural carriers. I am accompanied today by Vice President Clifford E. Edwards. The rural carriers we represent serve over forty (40) million Americans in rural and suburban areas six days each week. We sincerely hope we may be permitted to continue the traditional six-day service to rural America.

We commend both of you, Mr. Hanley and Mr. Wilson, for combining your efforts in sponsoring this comprehensive postal legislation, H.R. 7700. We believe the time has come for the Congress to re-define some of the goals of the U.S. Postal Service and to re-establish some of its basic principles.

The Postal Reorganization Act of 1970 set forth a goal of self-sufficiency by 1984. This goal did not take into account the magnitude of public service costs and did not foresee the double-digit inflation we have experienced for a period of time since then. Both factors have contributed to the Postal Service's inability to attain self-sufficiency.

It was you, Mr. Hanley, who were among the first to recognize that the goal of self-sufficiency was unattainable. As long as four years ago, in August of 1973, you cautioned our delegates at our National Convention in Richmond, Virginia that the Postal Service could never become self-sufficient without substantial rate increases or continued reductions in service. This was a very prophetic conclusion. The problem has become even more acute than you could have anticipated then.

H.R. 7700 addresses itself in a very realistic manner to the financial deficiency of the Postal Service. It would provide a 15% appropriation from the General Treasury of the previous year's operating costs of the Postal Service for public service costs. This is certainly far more realistic than the fixed amount provided under present law. The fixed amount of \$920 million annual subsidy provided in the Postal Reorganization Act to compensate for public service costs has proven inadequate. Inflation has decreased its actual value and the amount was probably too low in the beginning.

We suspect that there is a greater degree of public service rendered by the U.S. Postal Service than is currently believed. The Rural Delivery Service is a part of that public service cost. It could never become self-sup-

Statement Of LESTER F. MILLER, President NRLCA Before The Postal Operations and Services Subcommittee Of The House Post Office and Civil Service Committee

porting if it was dependent upon the revenue generated on the rural route. Rural customers are basically recipients of mail rather than senders of mail. We contend, however, that the recipient of mail is just as important as the mailer, even though it is the mailer who generates the revenue. There could be no complete mail service without delivery service to every patron in this land.

Obviously, such deliveries are more costly due to the distances involved, but the rapid expansion of rural delivery after its inception in 1896 played a major role in the history and development of Rural America. No one is more appreciative of mail delivery service than those who reside in the rural areas. No job in the Postal Service is more rewarding than serving as a rural carrier.

We have supported additional appropriations for the Postal Service from the time it became evident that it could not become self-sufficient and still fulfill its public service obligations. We believe the American people consider the public service rendered by the Postal Service as important, if not more important, as other Government services and are willing to pay for that service.

H.R. 7700 would also give the Congress an opportunity to not only review the public service appropriation every two years but also supplement it at such time that it felt proposed postage rate increases were unreasonable. We heartily endorse this concept contained in the bill.

We also concur that the Congress should approve major capital improvement investments of \$200 million or more. This will require postal management to justify major expenditures for capital improvements before they are made instead of trying to explain them after the fact. When postal reform was being considered in 1969 and early 1970, this Association had serious reservations about the final outcome. We were concerned even then about service curtailments. This writer can vividly recall writing an Editorial in an issue of The National Rural Letter Carrier in 1969 that "We believe the Post Office Department should remain a Postal Service in deed and not in name only. In its quest for a balanced budget as a corporation, it could soon lose its traditional service aspect. It could soon become interested only in the profitable aspect of the service. What would inevitably happen? Service would be curtailed. . . ." Our concerns about curtailment of service have proven very prophetic.

However, in spite of that prediction in 1969, we were hardly prepared for the proposal now being recommended by postal management to the Board of Governors to reduce the frequency of mail deliveries to five days each week. This recommendation is most disturbing to us.

We are always greatly concerned about any reduction in Postal Service to the American people. We believe the service should be improved rather than reduced. There

have already been too many reductions in service to meet the unattainable goal of self-sufficiency.

Any reduction in the number of days of delivery per week would likely affect the people we serve more than any group. Unlike urban dwellers, a vast majority of rural postal customers must rely upon the rural carrier for the delivery of the daily newspapers, market reports, machinery parts, etc. The rural carrier's arrival is awaited with anticipation each day by many rural customers. Any reduction of current service levels would prove very unpopular and meet with much opposition from rural people. Farmers take their rural delivery service very seriously.

Implementation of the five-day week would eventually deprive regular and substitute rural carriers of a certain amount of their present employment. Such a plan would eventually result in less delivery routes and less employment for rural carriers and other delivery employees. We estimate there would be an eventual loss of the equivalent of 3,500 rural carrier positions. At a time when unemployment is a national problem, it seems inconsistent for the Government to be considering the reduction of an essential Government service which would create more unemployment to add to the present problem.

We predict the savings of five-day delivery would be far less than have been estimated. The volume of mail to be handled would be virtually the same and only the delivery trip would be eliminated if a five-day schedule was adopted. It would place a double volume of mail on the carrier to be cased and delivered on Monday. This would cause disruption to his schedule for several days of the following week. When a holiday occurs on Monday, as it does eight times this year, it would create an almost impossible situation to handle three days of mail in one delivery trip. During those weeks, mail would be curtailed most of the week until the backlog was finally delivered. The only solution would be to provide auxiliary assistance to the regular carrier on the day following a Monday holiday. In fact, it may be necessary to provide such auxiliary assistance each Monday to cope with the double burden of two days' mail. This would certainly reduce the estimated savings of time and money on rural delivery. The other alternative would be to curtail mail for several days each week.

The reduction of mail delivery from six to five days a week certainly seems inconsistent with the recommendation of the Postal Service Commission that the "Postal Service should make dependability of timely delivery its primary service objective". Elimination of one day of delivery and curtailment of mail on many of the remaining days certainly does not lend itself to "dependability of timely delivery."

Furthermore, in spite of the so-called Nielsen Survey, we do not believe that the American people will be pleased with a reduction in service at the same time that postage rates are being increased and additional appropriations are being made. The Congress would be placing itself in an unfavorable position if it allowed such a situation to occur.

We believe the Congress should establish minimum delivery standards for the U.S. Postal Service below which

service levels could not be reduced. A decision as important as that of frequency of delivery—five or six days—should not be made by anyone other than the elected representatives of the people themselves, the Congress. We are extremely pleased, therefore, that H.R. 7700 provides "the continuation of the frequency of mail delivery service in effect on June 1, 1977". This provision would assure six-day delivery.

The U.S. Postal Service should have no qualms about competing aggressively to recover lost parcel business. Any statutory restrictions on parcel post should be removed. The limit of 40 pounds for parcels between first-class offices, unless mailed to or from a rural route customer, is utterly ridiculous. It should be removed and the 70 pound limit apply, universally. Thus, we are pleased that H.R. 7700 does increase the maximum size and weight limits of parcel post to 100 inches in girth and length combined and to 70 pounds in weight.

We are especially pleased with the protective language in H.R. 7700 for the collective bargaining procedure in the Postal Service. Many inequities have been corrected and many improvements have been made in the area of salaries and fringe benefits. In fact, during the past year, the National Rural Letter Carriers' Association was able to resolve a most difficult problem regarding the pay system of rural carriers through negotiations with the Postal Service. We believe in the collective bargaining process. We think H.R. 7700 would preserve that important provision of the Postal Reorganization Act.

We agree with those who believe there should be more accountability to the Congress and the President. Perhaps, the elimination of the Board of Governors is the only practical way to accomplish this. We do not believe an appointed Board of Governors should have the authority to effect such a drastic reduction in the level of service as five-day delivery, which it is now considering. We feel very strongly that only the Congress should make that determination. After all, it will be the Congress who will share the burden of complaints of poor service if this drastic proposal is allowed to become a reality. Therefore, only the elected representatives of the people, who are accountable to the people, should make this important decision.

We urge prompt action on H.R. 7700 to assure continuation of six-day delivery and a sound Postal Service. The members we represent have pride in their work and have a deep concern about the future of the Postal Service. Many have devoted a lifetime of service to it. They have been in the front line of defense in representing the Postal Service and the Federal Government throughout rural America. They are looking to the Congress to save them from the embarrassment of apologizing to their customers for five-day delivery. The motto of our Association is "Service With A Smile". We sincerely hope you will make it possible for us to continue to render such service six days a week.

Respectfully submitted,
Lester F. Miller
President
National Rural Letter Carriers' Association

Pay Increase—National Agreement 1975-1978

The scheduled \$600 per annum pay increase for eligible Bargaining Unit employees under the provisions of the 1975 *National Agreement* is effective July 21, 1977. Because this date is other than the first day of a pay period (PP), special payroll procedures will be necessary to produce a timely and correct payment for PP 16-77 (July 16 to July 29).

Provisions to capture hours of service at the old and new rate within the pay period are outlined below:

A. Processing Personnel Actions

Personnel Service Centers. Personnel actions effective on or after July 21 must reflect the new salary rates. Personnel change actions affecting salaries that are effective July 21 thru July 29 and processed in PP 16-77 must be submitted as a *PDC Hold Out—No Tape* action. The change will be processed by the PDC as an adjustment in PP 17-77.

B. Timekeeping Procedures

1. *Timecards* (Form 1230). The postal data center will issue a special timecard, color coded, and identified as PP-42-77, for all eligible Bargaining Unit employees. This special timecard will be used to adjust the salary for employees in a pay status (work or leave) July 16 thru July 20. The special timecard 42-77 will be mailed for receipt at postal installations no later than July 13. All daily entries for leave, work, Sunday work, night work, and overtime hours for the service days July 16-20 will be transcribed from the normal PP 16 timecard to the special 42-77 timecard. The special 42-77 timecard will be appropriately totaled and submit-

ted to the respective servicing UDC. All special 42-77 timecards, *including the unused cards*, must be submitted for receipt by July 22, 1977. Note: The PDC will maintain a control to account for *all* PP 42-77 cards sent out. All must be returned. Do not alter the regular PP 16-77 timecard; these timecards will be completed for the entire period and submitted in the usual manner.

2. *Higher Level Service.* Eligible Bargaining Unit employees serving higher level in a non-bargaining (PES-PMS-PTAC schedule) position may require submission of two Forms 1640, *Certificate for Additional Salary Payment*. One form 1640 will be required to reflect higher level service for July 16-20 only. This Form 1640 must be identified in bold print as **PP 42-77—7/16—7/20 Only**. The special Form 1640 will be certified and completed in the usual manner and be submitted together with the special PP 42-77 timecard for receipt in the PDC by July 22. Another Form 1640 will be used to reflect higher level service for the period July 21 through July 29. This Form 1640 will be identified as PP 16-77, ending July 29, 1977. The form will be completed, certified, and submitted in the usual manner together with the regular PP 16-77 timecard. The PDC will compute each Form 1640 and respective timecard at the appropriate rate for payment in the August 5, 1977, pay check. It is important that the Form 1640 be identified and submitted with the respective timecard.

3. *PDS Facilities.* The ADP Center will automatically transmit the necessary time credits required for the pay increase, for Employee Master Records (EMR's) of all eligible employees with SCH Codes 4 and 5, to the PDC's at the end of the pay period. Also included will be cases of employees whose basic level SCH is 4 or 5 and the highest level (H/L) SCH is 3, 6, or 7.

Prior Pay Period Manual Pay Adjustment. Since the salary increase of July 21 is effective on day 6 of PP 16, it will be necessary to prepare separate Forms 1223, *Earnings and Deductions Statement*, when processing prior period adjustments for PP 16 in subsequent pay periods. Adjustments for days 1 through 5 should

be submitted on one Form 1223 and adjustments for days 6 through 14 on another Form 1223. Boldly endorse the Form 1223 for days 1-5: **Prior to Pay Increase.**

4. *Rural.* A special PP 42-77 color-coded rural certificate will be furnished by the servicing PDC. Where a sub rural carrier served on a route during the old pay rate period (Saturday, July 16 through Wednesday, July 20) all entries for this period (7/16-20) will be transcribed from the regular certificate to the special PP 42-77 certificate. This certificate will show service through July 20 only. It will be completed, certified, and submitted for receipt at your PDC by July 22, 1977.

Special PP 42-77 certificates *not* used; i.e., where the regular rural carrier served the route 7/16-20, will *not* —repeat not—be returned to the PDC.

The Form 1314, *Statement of Service Performer on Rural Route*, for PP 16 will be completed and submitted in the normal manner.

Hours for the sub rural carriers serving between July 16-20 will be entered in hundred hours (00.00) in the *Actual Work Hrs.—Week I* block. Enter trips in *Trips Week I* block. Sub rural carriers on a vacant route, or on a route where the regular rural carrier is on extended leave (Desig. 72) and the FLSA Code is A or S, enter the time (in hundreds) in the *Actual Work Hours and Daily Overtime*, if applicable. For the auxiliary rural assistant (Desig. 77-0) enter the time worked in *Actual Work Hours (Hundreds)* and leave taken, if any, in *Leave Des 77 Only* field.

The assigned carrier should have entries in the appropriate *Days Assigned Carriers Absent Block* for days not worked during the July 16-20 period. Entries should be K, J, A (annual), S (sick), etc. The number of trips for the substitute(s) should equal the days off of the assigned carrier. See Exhibit No. 1.

5. *Non-Receipt of Timecard/Certificates.* If no prepunched card is received for eligible employees who worked or were on leave, prepare an unpunched card and identify it as related above. Submit such cards with the other special PP 42-77 timecards/certificates for receipt at the PDC by 7/22/77. (See Exhibit page 458.)

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SPECIAL ANNOUNCEMENT



Presentation of plaque dedicating the NRLCA Drug Plan. Left to right: NRLCA Secretary-Treasurer, Mr. Leland Sorteberg; NRLCA President, Mr. Lester F. Miller; Madrid Mayor, Mr. Robert Krukow and Federal Prescription Service President, Mr. Craig W. Sandahl.

NEW PHARMACEUTICAL PLAN NOW AVAILABLE FOR NRLCA MEMBERS AND THEIR FAMILIES

By Lester F. Miller, President

I am pleased to announce a new benefit service for Rural Letter Carriers' Association members and their families. The new NRLCA Drug Plan is a prescription-by-mail service administered by Federal Prescription Service, Inc., of Madrid, Iowa.

With today's inflation, particularly in the area of health care and prescription drugs, money saving methods are most welcome. Federal Prescription Service, through years of experience in handling association drug plans and with the benefit of recent consumer oriented legislation, has developed a unique drug plan that can dramatically reduce the cost of many prescription drugs and provides many other fine benefits and services.

Our National Board received the proposal of a NRLCA Drug Plan from Mr. Craig W. Sandahl, President of Federal Prescription Service, Inc., on May 19, 1977 and approved the pro-

posal the following week. The Board believes it will be a useful service for our members and could be very helpful in holding down the claim costs of our Rural Carrier Benefit Plan. This would in turn help hold down pre-

miums and deductible expenses to our members.

In considering the proposal for a NRLCA Drug Plan, the Board was favorably impressed by the fact that many well known associations have been using a Federal administered drug plan for many years. For example, The National Association of Retired Federal Employees (NARFE) Drug Plan was established in December 1964 by Federal Prescription Service, Inc., and is still operating successfully today.

Another consideration was Federal's unique ability to substitute a lower cost generic drug for a more expensive brand name drug whenever a member asks for it and providing the physician has not prohibited the substitution. Generic drugs, I've been assured, are chemical duplicates of brand name drugs whose protective patents have expired. Since manufacturers of generic drugs have no research costs or expensive national brand advertising costs to recover, generic drugs are generally priced much lower.

On Wednesday, June 22, 1977, our Association Secretary-Treasurer, Mr. Leland R. Sorteberg, myself and two Madrid rural letter carriers, Mr. Warren Carlson and Mr. William Perrier toured the Federal Prescription Service plant in Madrid, Iowa at the invitation of Mr. Craig Sandahl. In addition to the Federal Staff, the welcome committee included the Madrid Mayor,



President Miller and Secretary-Treasurer Sorteberg meet four members of Federal's Pharmacy Staff. Left to right: Mr. Leland Sorteberg, Mr. Lester Miller, Mr. Roy Potter, R. Ph., Mr. Roland L. Rasmussen, R. Ph. and Director of Pharmacy, Mrs. Charlene Horak, R. Ph. and Mr. Jim Roush, R. Ph.

Mr. Robert Krukow, the Madrid Postmaster, Mr. Robert Steinick, and Madrid's City-State bank President, Mr. Ronald Sundberg. We saw how a member's order is processed and is repeatedly checked for accuracy throughout the system. I think we were all impressed with the personal attention each order received. More than anything, we were most impressed by the quality of Federal's employees. They are as intelligent, friendly, concerned and dedicated as any you could possibly find anywhere. We are most pleased to have them handling our drug plan.

Those of you who will be attending the National Rural Letter Carriers' Association Convention in Spokane,



Members of welcoming committee and guests at dedication ceremony of the NRLCA Drug Plan. Left to right: Madrid Postmaster, Robert Steinick; NRLCA Secretary-Treasurer, Mr. Leland Sorteberg; NRLCA President, Mr. Lester Miller; Madrid rural letter carrier, Mr. Warren Carlson; Madrid Mayor, Robert Krukow; Madrid rural letter carrier, Mr. William Perrier; Madrid City-State Bank President, Mr. Ronald Sundberg and Federal's Vice President and Director of Pharmacy, Mr. Roland Rasmussen.



NRLCA President, Mr. Lester Miller and NRLCA Secretary-Treasurer, Mr. Leland Sorteberg meet Federal's Employees.



After the plant tour, a reception was held and coffee and rolls were served to everyone.

Washington, August 8-12, 1977 will have an opportunity to meet Federal's Vice-President and Director of Pharmacy, Mr. Roland Rasmussen and his wife Gloria. The Rasmussen's will deliver slide presentations — "How To Use Your Drug Plan" — to the mem-

bers and the Auxiliary at separate times on Wednesday, August 10, 1977. Mr. Rasmussen will also be available after the presentations to answer any question you may have.

It seems to me our newly formed relationship with Federal Prescription Service is a very natural one when you consider that the delivery services of the Rural Letter Carriers are absolutely vital to the success of Federal's prescription-by-mail services. We look

forward to a long and mutually beneficial relationship and urge NRLCA members to take advantage of their new drug plan.

Some of the more important benefits and services are outlined on the following page. Read the announcement carefully and if you have any questions, write directly to the NRLCA Drug Plan headquarters in Madrid, Iowa.



Watching Federal's Versacount Pill Counter electronically count and fill vials with exactly 100 pills, are NRLCA President, Mr. Lester Miller; NRLCA Secretary-Treasurer, Mr. Leland Sorteberg and Federal's Director of Pharmacy, Mr. Roland Rasmussen. Federal's experienced Versacount operator is Mrs. Doris Lincoln.

Announcing...

THE NRLCA

Pharmaceutical Plan



The NRLCA Pharmaceutical Plan, administered by Federal Prescription Service, Inc., is a nationwide prescription-by-mail service for members of the National Rural Letter Carriers' Association and their families. This service is designed to provide low cost, high quality medication to all members of the family, but is especially directed toward those who must take one or more medications regularly.

The Executive Board of the National Rural Letter Carriers Association selected Federal to act as exclusive administrators of the NRLCA Drug Plan because of the many unique services Federal provides. Most importantly, Federal is pledged to reduce the cost of drug benefits paid out by your health benefit program. Your support of this effort, by purchasing from Federal whenever you can achieve an over all savings, will help all members by keeping your health benefit plan premiums as low as possible.

Among the more important benefits and services Federal offers are the following:

1. **REDUCED PRICES** — Achieved through large volume purchases, low overhead from high volume sales out of a single location and substitution of low cost chemically equal generic drugs for higher costing brand name drugs whenever you request them. Savings average approximately 50% on generic drugs.
2. **HIGH QUALITY DRUGS** — Only medicines manufactured by reputable pharmaceutical manufacturers that meet Federal Drug Administration standards are used to fill your prescription orders.
3. **MOST MEDICATIONS AVAILABLE** — One of the largest most complete drug inventories in the United States available out of a single location which means fewer delays in getting your medicine, and we ship the same day your order is received.

A MESSAGE FROM OUR DIRECTOR OF PHARMACY

Your Pharmacist is a highly trained, licensed professional whose uppermost concern is helping you protect your health. It is your pharmacist's responsibility to make sure each of your prescriptions have been validly written with accurate, complete, clear and concise directions for use. He or she must follow these prescription instructions precisely in addition to all Federal or State laws and regulations when filling your order.



Your Pharmacist checks each order for possible combinations of drugs or other health products which, if taken together, could cause a dangerous reaction and he will advise you if a potential danger exists. He or she will answer your questions about drug selection, strengths, brands and usage whenever you need additional information.

As Director of Pharmacy, it is my responsibility to make sure the pharmacy is stocked with fresh, high quality products and see to it that your order receives prompt attention and personal consideration. It is also my responsibility to keep you informed of new drugs and new laws or regulations which may affect you. For example, Iowa law allows your Pharmacist to select for you a lower cost chemical equivalent of the brand name drug you have been taking and we'll do this for you whenever possible.

Sincerely,
R. L. Rasmussen, Reg. Ph.
Director of Pharmacy

4. **PARCEL POST POSTAGE PAID** — Federal pays this charge. If special mail service is requested, you pay **only** the difference in rates. There is a flat 55¢ shipping carton and handling charge for each package regardless of size or destination. If you're vacationing, your order can be sent anywhere you desire.
5. **DELIVERY CONVENIENCE** — There's no walking — no driving — no bus to catch — no standing in lines — no need to rely on a friend or relative — The U.S. Postal Service brings our drug store to your mailbox.
6. **AUTOMATIC REFILL SERVICE** — When we mail your last refill, we immediately write your doctor requesting additional refills and we notify you if more are authorized. This service can often save you the cost and trouble of an office call.
7. **SATISFACTION GUARANTEED** — You do not need to pay until you receive your medicine and are completely satisfied. You may return unopened products within 25 days of the invoice date to obtain full credit or refund.
8. **ITEMIZED INVOICES** — A complete itemized invoice is sent with each order for use in filing for reimbursement under your health benefit plan.
9. **EXPERIENCED PHARMACISTS** — Federal maintains a staff of experienced, licensed pharmacists who devote their skills, care and time toward the professional filling and handling of your prescription.

IMPORTANT — PLEASE READ: Federal laws prohibit the mailing of certain drugs such as amphetamines, barbiturates (sleeping pills) and any medicines containing a narcotic (codeine, morphine, demerol, etc.).

SAVE ON MATCHING FORMULA VITAMINS (No prescription needed)

Geritol	Tabs	5.79
FEDERAL FORMULA #3	Tabs	2.95
Theragran	Tabs	7.80
FEDERAL FORMULA #16	Tabs	3.70

HOW TO ORDER PRESCRIPTION ITEMS:

1. For first time prescriptions, you **MUST** enclose the original prescription written by your doctor on his own form.
2. A copy from any other source can't be filled.
3. Be sure to ask your doctor to indicate the number of refills he authorizes, if any.
4. **SEND NO MONEY.** An itemized invoice will be sent along with your order.

SPECIAL DISCOUNT COUPON

This coupon entitles you to a 50¢ discount on each new prescription sent with your first order.

SEND YOUR PRESCRIPTION OR ORDER TODAY TO: NRLCA DRUG PLAN

c/o Federal Prescription Service, Inc. Dept. R-297
2nd and Main Streets, Madrid, Iowa 50156

- I have enclosed _____ prescription(s)
 Send me _____ bottles of Federal # _____ @ \$ _____
 No order enclosed, but please send your latest price lists, complete ordering information, plus envelopes and order forms.

Name _____

Address _____

City _____ State _____ Zip _____

Annuity Statement to be Redesigned

President Miller has received the following letter from Thomas A. Tinsley, Director of the Bureau of Retirement, Insurance, and Occupational Health of the U.S. Civil Service Commission.

"Dear Mr. Miller:

Reference is made to your letter of March 2, 1977 relative to providing annuitants a statement of their annuity computations. We, too, are concerned about providing annuitants this information.

Efforts are under way to redesign the current annuity statement. When our new annuity statement is ready, we will be able to provide the annuitant with the following information referenced in your letter.

Unused accumulated sick leave;
Total credited service used in the
annuity computation;
Final salary;
High-3 Average Salary.

We are unable to provide an itemized accounting of how the annuitant's High-3 year average salary was determined, due to the limitations of our current system. Our retirement system is being redesigned. Perhaps when our system is redesigned, we will be able to provide this information.

Our kindest regards.
Sincerely yours,
Thomas A. Tinsley
Director

This letter was in response to a letter which we mailed to Mr. Tinsley requesting that the Civil Service Commission furnish to new annuitants an accounting as to how their annuities are computed. For many years, we have felt a need for the Civil Service Commission to provide annuitants a statement of their annuity computations. Frequently, we have annuitants writing us to complain that they expected to receive a greater amount of annuity. Obviously, we are unable to satisfy their anxiety without requesting such a statement be sent to them by the Civil Service Commission. Occasionally, errors have been discovered in the computation. The errors were sometimes caused by improper in-

formation submitted to the Civil Service Commission by the Agency. The most common error was the failure to report the unused accumulated sick leave. We frequently found that the annuitant had been a substitute rural carrier earlier in his career and not all of the time as a substitute rural carrier was credited in computing the carrier's service time.

We have long felt than an annuitant who has worked for 30 to 40 years as a Government employee is entitled to have a statement indicating the number of years and months of creditable service used in his annuity computation as well as an itemized accounting

of how his High-3 year average salary was determined. We believe the Government owes an annuitant the peace of mind which such a statement could provide.

We are extremely pleased that the Civil Service Commission has been responsive to our request and plans to redesign the current annuity statement to effect many of the changes which we have proposed. Obviously, they agreed that annuitants were entitled to this information. We are hopeful that the redesigned annuity statement will soon be in use. We are gratified that another goal of the NRLCA has been achieved.

(Continued from page 454)

Rural Reporting for July 16-20

Exhibit No. 1—Shows service performed during the period July 16-20 by a sub rural carrier. The actual hours are posted to the *Actual Hrs.-Week 1* block, the trips to the *Trip* block. Enter each type of "off" day (K, J, A, S, etc.) in the appropriate *Days* block for the assigned carrier July 16-20.

Exhibit No. 2—Sub serving a vacant route (for extended leave) and under FLSA Code A: Show hours in *Actual Hours* block as shown.

Exhibit No. 3—Auxiliary carrier—Desig. 77—enter total hours worked July 16-20 in *Actual Hours* block. Also if leave is taken during period 7/16-20, enter in appropriate block as shown.

Finance Dept., 6-30-77.

New York Rural Carrier Becomes Good Samaritan

Recently, Leon "Lee" Smith from Theresa, New York had an opportunity to be a good Samaritan while serving his rural route. A young man had become unconscious and lay helpless in the center of the road. Two cars, one towing the other, came upon the scene and, in an effort to avoid striking the man, swerved and applied the brakes. The towed car ran into the back of the other car. Both men got out of their cars and started to drag the young man up the hot asphalt roadway.

Mr. Smith turned on his emergency flashing lights, secured the mail, and took charge of the situation. He caused the men to lift the unconscious man by the legs, while he lifted the shoulders. They placed him in the shade of a tree at the side of the road and Lee proceeded to make the young man more comfortable. He discovered the man was subject to epileptic attacks and administered the necessary aid. When the young man regained consciousness he returned to his home nearby, while Lee swept the glass out of the road with a borrowed broom, directed traffic around the scene and then completed his route.

Last year, while Postmaster Thomas B. O'Driscoll was on route inspection with Mr. Smith, they came upon an accident which had just occurred. One of the elderly customers on the route had backed his car into his wife causing her to fall to the black-topped driveway. While Mr. O'Driscoll protected the mail, Mr. Smith gave the lady aid and comfort. Lee treated the woman for shock while the ambulance was on the way. The happy result was that following hospital treatment, the lady recovered and returned home.

During World War II, Lee received first aid instruction while serving with the Air Force in the European Theatre. This training enabled him to save the life of the radio operator on their B-17 bomber, when hit by enemy fire on a bombing mission over Germany. Leon "Lee" Smith is to be highly commended for his compassion and concern for his fellow man. Lee is a credit to the Postal Service and to the Rural Carrier Craft.



Lee Smith (left) Rural Carrier, Route 1 Theresa, New York, being congratulated by Thomas B. O'Driscoll, Postmaster, for service beyond the call of duty.

3,000 HOUR CLUB

Every career Postal Service employee is credited with four hours of sick leave each pay period.

A compilation of Central Region postal people showed that more than 10,000 have accumulated 2,000 or more hours of sick leave. Approximately 3,000 had more than 2,500 hours, and about 500 had 3,000 or more! The largest accumulation was over 4,000 hours.

Those four hours per pay period can become a significant "bank account". This is what it means for the employees who have at least 2,000 sick leave hours "in the bank."

They have the security of knowing that, should severe illness or injury strike, they will receive full pay for at least one year. If the hours remain unused, they will provide a significant increase in the pension annuity.

Many of these sick leave hours were accumulated on the basis of lower salaries, while the "pay back" is at a higher salary base.

Exciting News for Collectors! Announcing the first United States

POSTAL STAMP PLATE

A LIMITED EDITION . . . only \$25 each. Exclusive offer from Harrison House. • The first United States postage stamp ever issued is captured on this beautiful porcelain plate. The 5c Franklin stamp is in orange-brown surrounded by a sunburst field of post office blue, encircled with designs symbolizing the long and colorful history of the U.S. Postal Service.



FIRST ISSUE in a series of notable stamps in the glorious history of the United States. • Lavish silver rim. • Each plate is serially numbered to assure its authenticity. • Just fill out your handy coupon and return with your check or money order to receive your 1st issue plate. Money will be refunded if issue is sold out! Issue limited to 9,995 plates.

Total of 8 Issues: 2nd Issue, 1847 Washington 10¢ stamp; 3rd Issue, 1861 Jefferson Five Cent Brown; 4th Issue, 1861 Jackson 2¢ "Blackjack"; 5th Issue, 1875 Locomotive Three Cent Blue; 6th Issue, 1875 Washington Six Cent Blue; 7th Issue, 1875 SS Adriatic Twelve Cent Green; 8th Issue, 1875 Lincoln Ninety Cent Carmine and Black.

All Issues \$25.00 ea. First two both for \$47.50. Entire series of eight, paid in advance, and shipped as issued . . . all eight . . . \$165.00 (a \$35.00 savings).

HARRISON HOUSE, Inc., Dept. 223, 1503 E. Riverside Drive, Indianapolis, IN 46202

Please send me:

1st Issue Plates @ \$25.00 ea. \$ _____ sets of 1st and 2nd issue @ \$47.50 \$ _____

2nd Issue Plates @ \$25.00 ea. \$ _____ sets of all 8 plates @ \$165.00 \$ _____

Check or Money Order Enclosed

Bank Americard

Card No. _____

Charge to my

Master Charge

Exp. Date _____

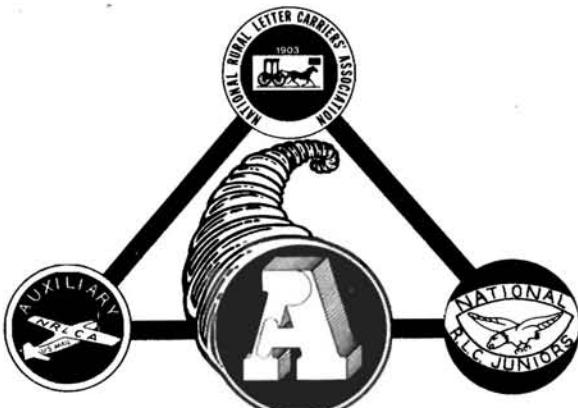
Name _____ Address _____

City _____

State _____

Zip _____

A PROGRAM OF THANKS



AUXILIARY

PRESIDENT—Mrs. Gordon Belcher
Route 4, Box 252
Simpsonville, South Carolina 29681
Phone (803) 963-7160

VICE PRESIDENT—Mrs. Robert D. Malm, Chairman
8015 Rob Roy Lane
Roseville, California 95678
Phone (916) 791-1414

SECRETARY—Mrs. C. D. Simpson
Route 2, Box 2
Vaiden, Mississippi 39176
Phone (601) 464-5328

TREASURER—Mrs. John H. Bailey
Wyndmere, North Dakota 58081
Phone (701) 439-2461

EXECUTIVE COMMITTEE

Mrs. J. Paul George
1 Draper Street
Oneonta, New York 13820
Phone (607) 432-3925

Mrs. John J. Maher
Box 422
Brimfield, Illinois 61517
Phone (309) 446-3420

Mrs. Hubert M. Roberts
P.O. Box 547
Lake Placid, Florida 33852
Phone (813) 465-2386

*** AUXILIARY EDITOR: Mrs. Robert D. Malm ***

MINNESOTA

The Minnesota Rural Letter Carrier's Auxiliary 52nd Annual Convention was held in Detroit Lakes, Minnesota, June 13-15, 1977 at the Holiday Inn on beautiful Lake Detroit. There were 93 Auxiliary members and 58 Juniors registered.

Highlights of the convention were the Sunday night picnic sponsored by the host county; a presentation by Mr. Robert Miller, Minn. Arthritis Foundation; an interesting talk by Mr. Lee Sorteberg; a workshop on Charities given by Mrs. Roberta Buckingham; a safety talk by Mrs. Marion Gray; a "write a letter to your congressman" project; a patriotic observance by some of the Juniors; the presentation of two \$100.00 scholarships and a painting demonstration by Mrs. Dorothea PaPul. Mrs. Paul of Morton, Minnesota is well known for her attempts to preserve the rural American scene with her paintings. She has done covers for the Farmer Magazine as well as posters for several farm implement companies. In addition to her painting, she operates a 400 acre farm doing nearly all the work herself. Invocation

songs were sung at the start of each session by Mrs. Dodie Baumhofer.

Officers were installed by Mrs. John Bailey who filled in for Mrs. Robert Malm, who was called home. Total membership at convention time was 669. Total monies raised from the National Project by donations and the Country Store and 19 No. 1 club members was \$668.73. Junior Officers elected were: President—Maynard Manthe, son of Mr. and Mrs. Marvin D. Manthe, Pemberton, Mn.; Vice-President—Vickie Harmsen, daughter of Mr. and Mrs. Vincent Harmsen, Lake Wilson, Mn.; Sec.-Treas.—Theresa Elskamp, daughter of Mr. and Mrs. Phil Elskamp, Fulda, Mn.

The Juniors enjoyed a trip to Fort Detroit, swimming, bowling, miniature golf and a poolside banquet under the guidance of Mrs. Norman Swedberg and Mrs. Phil Elskamp.

The Condolence Committee noted the death of a charter member of the Auxiliary, its first National Treasurer, Mrs. Nick Heinan of Farmington, Mn.—(Reported by Mrs. Marlin D. Manthe, President.)

Nebraska Convention

The Nebraska convention was held at Ogallala, on June 19, 20, and 21. Mrs. John H. Bailey was the visiting national officer and she spoke at the Sunday evening buffet along with State President Rita Kohmetscher. National President, Lester Miller was the featured speaker at the Monday morning joint session and evening banquet. An Arthritis representative showed a film and answered questions concerning this disease. Three \$300 student loans were awarded with donations from each district. Nebraska is 100%, being 5th to achieve this goal. Brian

TEXAS STATE CONVENTION

The state convention was held in the capitol city of Austin, 10-13 July at the Austin Hilton. It was an honor to have Mrs. C. D. Simpson, National Auxiliary Secretary, and Mr. Leland R. Sorteberg, National Association Secretary-Treasurer, present. The keynote speech was given by the Honorable J. J. Pickle, U.S. Congressman, 10th District. Many door prizes (donated by individuals and locals) were given throughout the convention. Guest project speaker, Dr. Homer Goehrs, Rheumatologist, spoke to the Auxiliary about "Arthritis and Research."

Auxiliary registered 81 and 36 juniors. Texas has thirty-three #1 club members and at the close of the convention had contributed \$876.78 to the national project. Mrs. Nancy Lookhoof, Travis County Extension Agent, presented an interesting program on safety in the home. Officers were installed individually with inspiring messages given by Mrs. Herman Dean, Past National President, and Mrs. C. D. Simpson. Texas Auxiliary awards a health

(Continued on next page)

Convention From Oregon

The Oregon state convention was held in Tillamook July 8 and 9. Mr. M. J. Eaden from Woodburn was re-elected president for the coming year. Mrs. Malm and Dean King were the National Officers in attendance. Mrs. Malm installed the officers during the Saturday evening banquet. A handmade sweater, 3 afghans, a crewel picture and other miscellaneous items were raffled off. A handmade quilt with mailboxes and members names was given to Mrs. Lois Grooman who

along with 149 members had paid \$1 to put their name on the quilt. Dr. Arthur Jones, a retired Doctor from Portland gave an interesting and informative talk on Arthritis. We have 25 No. 1 club members and gave an additional \$260 to the Arthritis Foundation. We sold 70 Thank-you notes. We gave two \$100 scholarships to sons of carriers. The current membership is 106, an increase of 20 members with 6 male members.—(Submitted by Mrs. V. J. (Carol) Eaden)

LOUISIANA

The 61st Annual Louisiana Rural Letter Carriers Auxiliary and Juniors met at the Sheraton Motel in Thibodaux on June 23, 24 and 25. A seafood and chicken dinner was held Thursday night compliments of Louisiana Electric Co-op and a small band entertained after the meal.

On Friday morning a very impressive memorial service was held by Mr. and Mrs. Bill Tolar. We recognized 4 first timers at state convention and 9 retirees and widows who were present. Mrs. Gordon Belcher gave a very interesting talk on her activities both personal and auxiliary. The kitchen bazaar raised \$160.00 for the national project.

The annual banquet was held on Friday evening with Mrs. Gordon Belcher, National Auxiliary guest and Mrs. Bud Starkey Association guest present. The guest speaker was Honorable Louisiana Representative Billy Tauzin from Thibodaux, LA.

On Saturday morning, Mr. Eugene Pizzeck, Executive Director of Louisiana Arthritis Foundation, gave us a very

interesting and informative speech on Arthritis. Afterwards he held a question and answer period.

The Auxiliary gave a membership plaque this year to the Southeast district which had the most new members. The nursing scholarship was awarded to Maria Tietje. There were 40 auxiliary members present at the convention. We have 143 members, an increase of 6; 23 No. 1 Club members; 8 male members; and 29 new members. We gave \$804.60 to the National project. Our newly elected president is Mrs. Jim Barnette. The new officers were installed by Mrs. Belcher and each was presented the new membership pin. The Convention closed with the singing of Sue's "Song of Thanksgiving" and "Till We Meet Again."

There were 18 Juniors present and they gave \$10 to the Auxiliary national project. Their new officers are: Stan Starkey, President; Tina Bascle, Vice President and Marsha Rocko, Secretary-Treasurer. (Mrs. Jim Barnett, LA. RLC Auxiliary President)

MISSISSIPPI

The Mississippi RLCA Convention was held June 26, 27, 28 at the Holiday Inn, Grenada, Miss. The convention opened with a joint Memorial Service at 7:00 p.m. under the direction of Mrs. Davis Gardner. This was followed with a message in song by Mr. Richard Cole.

On Monday morning our auxiliary meeting was very happy to have as our national visitor our own "Dotte", Mrs. C. D. Simpson, National Secretary as our guest. Dotte brought us many good things from the national office and the Auxiliary President, Mrs. Gordon Belcher. We were encouraged to write our Congressmen and Senators to get behind SAVE SIX-DAY DELIVERY. The speaker for the morning session was Mr. R. O. Holder, Public Relations Officer, District Office Highway Patrol, New Albany, Ms. who gave an address on

"Does and Dont's of driving on our highways. This was followed by a question and answer session. In the afternoon we were privileged to make a tour of one of the lovely Victorian homes in Grenada with the guide who was also the interior decorator who helped the owner restore and furnish this home. We also visited the museum.

The banquet was well attended and the "roast" that had been prepared for Truette Cutrer who was stepping down as State Steward after many, many years of service was very good.

On Tuesday morning a delightful and delicious breakfast had been arranged by Mrs. O. T. Stogner for our national visitor. There were table favors, door prizes and gifts for Dotte. The guest speaker for this session was Mrs. Peggy Wellford, Executive Director, Mississippi Chapter Arthritis Foundation, Jackson, Mississippi. She gave so much valuable information about arthritis. The Juniors presented an American skit on the history of the U.S. flags. The members voted to send \$100.00 dollars to Anita Bryant to be used in her Anti-Homosexual Crusade. Following the business session the meeting was adjourned.—(Submitted by Mrs. James W. Timbes, President, Mississippi R.L.C.A. Auxiliary).

(TEXAS—Continued)

services scholarship every year. This year Miss Becky Haverland of Elgin was the recipient. The Junior group visited Acuarena Springs in San Marcos. Newly elected Junior Auxiliary President is Miss Jill Grace of Franklin. (reported by MRS. RAY (MARGE) ECKERMAN, President)

Notice of Thanks

Mrs. Robert Malm, National Auxiliary Vice-President, wishes to take this opportunity to thank everyone for their cards of sympathy on the sudden death of her father. The many expressions of sympathy and encouragement were greatly appreciated by the family and also to her mother Mrs. Roy Sorley.

VERMONT

Vermont held their State convention June 27 & 28 at Mt. Killington. A very informative talk & film on Arthritis was presented under the direction of Mr. Richard Johnson; ex. dir. Vt. Arthritis Foundation. Sgt. Paul Huntly presented a program on Highway Safety.

We enjoyed the presence of our Nat'l Guest, Mrs. Paul George, who stressed the importance of membership. She installed our new Officers for the 1977-78 year. Mrs. Joseph Ledoux will be our new President for 2 years.

Past Nat'l Pres., Mrs. Ross Wright was honored at our banquet as were former State Officers. A Jr. member presented her winning Jr. Miss skit, and Sue's song of Thanksgiving was sung by Mrs. Charles Rounds. The four recipients of scholarships were announced, money for this is raised by a raffle.

Our Aux. contributed \$282 to Sue's project and we have 15 No. 1 club members.

Our membership, at present, is five less than last year, but we hope to correct this by July 31. (Mrs. Lynford Lamphere, Pres. 1976-77)

**LADIES!
HERE'S HELP
for
Hard-working
Hands!**



No more gritty mechanics' soap or harsh detergents need hurt and roughen hardworking feminine hands!

Our heavy-duty moisturizing cleanser—with LANOLIN—is made **just for women** who aren't afraid of getting their hands dirty, but want them clean and soft afterwards.

Just a small dab quickly liquifies and penetrates to lift away dirt and grease, even tough berry stains from hands and under nails. Use it after gardening, scrubbing grills, painting. Satisfaction guaranteed!

Special Offer! Big 7 oz. size, ONLY \$1.95; 2 for \$3.50 plus 50¢ shipping.

GARDEN WAY CATALOG Dept. 70918
1300 Ethan Allen Ave., Winooski, VT 05404

FREE CATALOG of 372 hard-to-find kitchen and food-preserving tools.

Schulte Retires

Joseph H. Schulte, rural carrier from Dorchester, Iowa for the past thirty years retired from his 112 route on October 22, 1976. He was appointed carrier at Dorchester after serving nearly 5 years in World War II.

If money talks, it's probably asking what happened.

Personal Ads

Automotive Equipment

1977 SCOUT, 4x2 RHD, AT, 4 cyl, bench seat, HD equip., travel top, 3400 actual miles, \$4795.00. Harold Gist or (Roy Gould) Spiro, Oklahoma 74959. (918) 962-3122.

1975 SCOUT, 304 RHD, 4x2, AT, PB, radio, 14,000 miles. Best offer over \$3500. K. E. Rubin, RR1, Box O, Farina, Ill. 62838 (618) 245-6422.

1977 SCOUT, LHD, 345 V-8, Automatic transmission, automatic hubs, power steering, power brakes, air conditioning, tilt wheel, cruise control, luggage rack, chrome wheels, W.S.W. radials, deluxe interior with vinyl bench seats, AM-FM radio and trailer hitch bumper and heavy duty suspension, 4500 miles. Lists for over \$8800, asking \$6995. Must sell. Larry Harmon, P.O. Box 176, Platte City, MO 64079 (816) 431-2219.

1975 SCOUT II, RHD, 2x4, 305 V-8, Auto. 58,000 miles, good condition \$2500. (health) Vernon Hallan, Rt. 2, Box 15, Bagley, Minn. 56621 (218) 694-2537.

1969 JEEP dispatcher 28,000 miles, General Motors 4 cylinder motor and transmission, new tires, shocks, carpeted, spare tire mounted on rear, bucket seats, new carb, new fuel pump, economical and runs good \$1200. Larry Harmon, P.O. Box 176, Platte City, MO 64079 (816) 431-2219.

1969 RHD SCOUT 4 cyl., auto. trans., very good condition \$500. Betty Turner, 5201 E. 19th, Tucson, Arizona 85711 (602) 790-3226.

1955 CHEVROLET BEL-AIR, 2 door sedan, V-8 straight drive with overdrive. Completely rebuilt, \$2500 firm. M. C. Keyes, 338 Eastover Circle, NE, Lenoir, N.C. 28645 (704) 758-4728.

Mutual Transfers

44K in North Jersey, one mile from Playboy Resort, 3 ski areas, excellent route, reliable sub, small office, looking for route in Southern Jersey or Central Jersey. Family reasons. Call (201) 697-1279. Richard A. Berry, 39 Jefferson St., Oak Ridge, N.J. 07438.

Transfer to dryer & higher altitude climate in Colorado for health reasons. 80 miles, 270 boxes in Central Minnesota. Good fishing area, new office, good roads. Reply to: Box C, c/o NRCLA Suite 1204, 1750 Pa. Ave. N.W. Washington, D.C. 20006.

Texas, Humble 77338, 44 J Looking for trade on Texas Gulf Coast, or as close as possible. Write Jerry L. McCall, 498 Cherry Laurel Lane, New Caney, Texas 77357. (713) 689-5674. All replies answered.

FOR ASSOCIATION MEMBERS

Up to 20 words \$2.00
Each additional 10 words50

Make check or money order payable to: National Rural Letter Carriers' Association. Address all advertising to: NRCLA, Suite 1204, 1750 Pennsylvania Avenue, N.W., Washington, D.C. 20006.

SUPERIOR MAGNETIC DOOR PROTECTOR



- TOUGH ABRASION RESISTANT
- CHOICE, SEVEN COLORS
- CUSTOM FIT FOR YOUR DOOR
- INSIDE PROTECTOR (OPTIONAL)

\$9.45 EACH \$9.95 EACH
(4 DOOR MODEL) (2 DOOR MODEL)

SUPERIOR MAGNETIC REAR WARNING SIGNS



LETTERING, 4 INCHES HIGH

CHOICE, TWO COLORS (see order form)

\$8.95 each (see discount below when ordering both signs)
(APPROVED, N.Y. STATE)

ORDER FORM

AUTO-TACH SIGN COMPANY

121 SOUTH MAIN STREET
RUSHVILLE, INDIANA 46173

NAME

ADDRESS

CITY STATE ZIP

DOOR PROTECTORS:

YEAR MAKE MODEL 4 DOOR? 2 DOOR? (CIRCLE ONE)

COLOR (CIRCLE ONE)

WHITE-LIGHT TAN-BLUE-RED-YELLOW-GREEN-BLACK

DOOR (CIRCLE ONE)

RIGHT DOOR-LEFT DOOR-BOTH DOORS
(FACING DIRECTION OF TRAVEL)

U.S. MAIL OR BLANK (CIRCLE ONE)

(FOR ADDITIONAL CARS, GIVE ABOVE INFORMATION ON SEPARATE SHEET)

NUMBER ORDERED:

FOUR DOOR \$9.45 EA. TWO DOOR \$9.95 EA.

SEPARATE INSIDE PROTECTOR \$2.25 EA.

(ADD 75¢ HANDLING IF INSIDE PROTECTOR IS ORDERED SEPARATELY)

DO NOT USE THIS
SPACE

.....\$.

.....\$.

.....\$.

.....\$.

.....\$.

.....\$.

.....\$.

.....\$.

.....\$.

.....\$.

SPECIAL DISCOUNT—Pay regular price for one door protector or rear warning sign. Deduct 50 cents per sign for each additional unit, same shipment. (Discount not allowed on inside door protector.)

POSTAGE PREPAID WHEN PAYMENT ACCOMPANIES ORDER

QUESTION BOX

(1) Who is required to affix Form 3579 on undeliverable second class mail?

- A. At offices not on the Central Mark-Up System the carrier or clerk serving the old address shall write the new local address, including ZIP Code number on Form 3579. At offices under the Central Mark-Up System the Form 3579 or central mark-up printed labels with new address and Zip Code number will be affixed to the copies by the designated central mark-up clerk. See Postal Service Manual 159.22 for complete instructions.

(2) Is there a retention period for holding insured mail at the post office?

- A. offices having carrier delivery service, insured mail is held for the period specified in the senders return address, but not in excess of 15 consecutive days. If no retention period is specified, the mail is held for 15 days. The retention period of 15 days applies also to offices to which the mail may be forwarded. (Ref.: PSM 162.521)

(3) How will insured special services mail be delivered on a rural route?

- A. Rural carriers will deliver insured mail to the residents if it is not more than one half mile from the route and if there is a passable road leading to it. Otherwise, the carrier will leave a notice in the box so that the addressee may either meet him at the box on his next trip or call at the post office for the mail. For delivery by rural carriers or at personnel and non-personnel stations see Part 156.

Ref.: PSM 162.54)

(Supersedes Question 4, August 28, 1976)

(4) What are the requirements for assignment of substitute rural carriers to serve on an auxiliary route?

- A. When an auxiliary route is to be filled, the route will be offered to substitute rural carriers in the order of longest continuous period of service as substitute rural carrier in that office. The substitute shall continue to serve as the leave replacement for the carrier on the regular rural route to which the substitute is assigned.

When the substitute is serving his assigned regular route as a leave replacement to the regular carrier, the installation head shall select another qualified person to serve the auxiliary route. (Reference: National Agreement; Article XLII, Part C, Section 11)

Herbert H. "Herb" Pate President of N.C. Woodmen

Herbert H. "Herb" Pate, a 25 year veteran carrier on Route 1, Harrells, N.C. has been elected president to head the 81,000 membership of the North Carolina Woodmen of the World Fraternal Benefit Society. The election came at the close of the Jurisdictions 32nd Biennial Sessions held at the Smokie Mountain Hilton in Asheville April 15, 16, and 17.

Pate is also a 32nd Degree Scottish Rite Mason, Shriner, a 2nd Lt. in the Civil Air Patrol, a certified lay speaker and a candidate for the ministry in the United Methodist Church. He is married to the former Barbara Flynn of Atkinson and they have one daughter, Mrs. Marcia Benson, Wilmington, and a granddaughter.

you may qualify for a

TAX REFUND

*if you received pay while absent from work because of sickness or injury

*if you received a disability benefit

Under the new TAX LAW you may, with certain conditions, amend your 1976 income tax return excluding sick pay or disability benefits which could mean a substantial tax refund.

Contact the Internal Revenue Service or H & R Block, the country's largest income tax preparation firm, to determine your eligibility. H & R Block will answer your questions and file an amended return for you free of charge whether or not you are an H & R Block Customer.

AVAILABLE AT PARTICIPATING OFFICES

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